

## Brief Aggression Questionnaire (BAQ)

Please rate yourself on the items below using a scale of 1 (*Extremely Uncharacteristic of Me*) to 7 (*Extremely Characteristic of Me*).

1. Given enough provocation, I may hit another person. \_\_\_\_\_
2. If I have to resort to violence to protect my rights, I will. \_\_\_\_\_
3. There are people who pushed me so far that we came to blows. \_\_\_\_\_
4. I am an even-tempered person. \_\_\_\_\_
5. Sometimes I fly off the handle for no good reason. \_\_\_\_\_
6. I have trouble controlling my temper. \_\_\_\_\_
7. I tell my friends openly when I disagree with them. \_\_\_\_\_
8. When people annoy me, I may tell them what I think of them. \_\_\_\_\_
9. My friends say that I'm somewhat argumentative. \_\_\_\_\_
10. Other people always seem to get the breaks. \_\_\_\_\_
11. I sometimes feel that people are laughing at me behind my back. \_\_\_\_\_
12. When people are especially nice, I wonder what they want. \_\_\_\_\_

### Scoring Instructions:

- Reverse score Item 4.
- Brief Aggression Questionnaire score: Average Items 1–12.
- Physical Aggression subscale score: Average Items 1–3.
- Anger subscale score: Average Items 4–6.
- Verbal Aggression subscale score: Average Items 7–9.
- Hostility subscale score: Average Items 10–12.