Brief Aggression Questionnaire (BAQ)

Please rate yourself on the items below using a scale of 1 (Extremely Uncharacteristic of Me) to 7 (Extremely Characteristic of Me).

1. Given enough provocation, I may hit another person. _____
2. If I have to resort to violence to protect my rights, I will. _____
3. There are people who pushed me so far that we came to blows. _____
4. I am an even-tempered person. _____
5. Sometimes I fly off the handle for no good reason. _____
6. I have trouble controlling my temper. _____
7. I tell my friends openly when I disagree with them. _____
8. When people annoy me, I may tell them what I think of them. _____
9. My friends say that I’m somewhat argumentative. _____
10. Other people always seem to get the breaks. _____
11. I sometimes feel that people are laughing at me behind my back. _____
12. When people are especially nice, I wonder what they want. _____

Scoring Instructions:

• Reverse score Item 4.

• Brief Aggression Questionnaire score: Average Items 1–12.

• Physical Aggression subscale score: Average Items 1–3.

• Anger subscale score: Average Items 4–6.

• Verbal Aggression subscale score: Average Items 7–9.

• Hostility subscale score: Average Items 10–12.